



Play in a Day

Team building workshops:
Inspiring trust, creativity
and communication.



The Acting Space

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What we do

Imaginative role-play and improvisation encourages people to be playful and responsive. It helps us to let go of any personal or work-related stress, release our inhibitions and have some fun. The Acting Space provides the opportunity for you to do just that.



Our team of experienced professionals will encourage your employees to:

- Work together as a team and trust one another's ideas and input.
- Open up and gain confidence.
- Widen their imagination.
- Become fantastic story-tellers.
- Improve listening skills, so they are able to respond to on-the-spot situations effectively and efficiently.
- Improve communication and public speaking skills.



'Playing' allows teams to bond and work together, creating and accepting ideas and running with them in the moment. It also encourages a lot of laughter!

How the day works

Act One

Improvisation

The first part of the day will focus on improvisational games and role-plays, breaking the ice and devising mini scenes from scratch. Creating situations on-the-spot discourages over-thinking and promotes instinctive work, problem solving and co-operation. We want to take your employees to a place they visited a lot when they were children - a place of play. During our busy working lives we spend so much time using the 'logic' part of our brains and less time using our imagination.

Act Two

Devising

Inspired by your chosen theme and complete with costumes, props and music, your team will collaborate and create a play. Devised, rehearsed and performed within a few hours, this is a fantastic opportunity to produce their very own 'Play in a Day'.

'The thing about improvisation is that it's not about what you say. It's listening to what other people say. It's about what you hear.'

Paul Merton

Themes

Silent Movie

Inspired by the greats such as Buster Keaton and Charlie Chaplin, create your very own Silent Movie. This workshop focuses on the power of movement and the way we can tell stories without words.

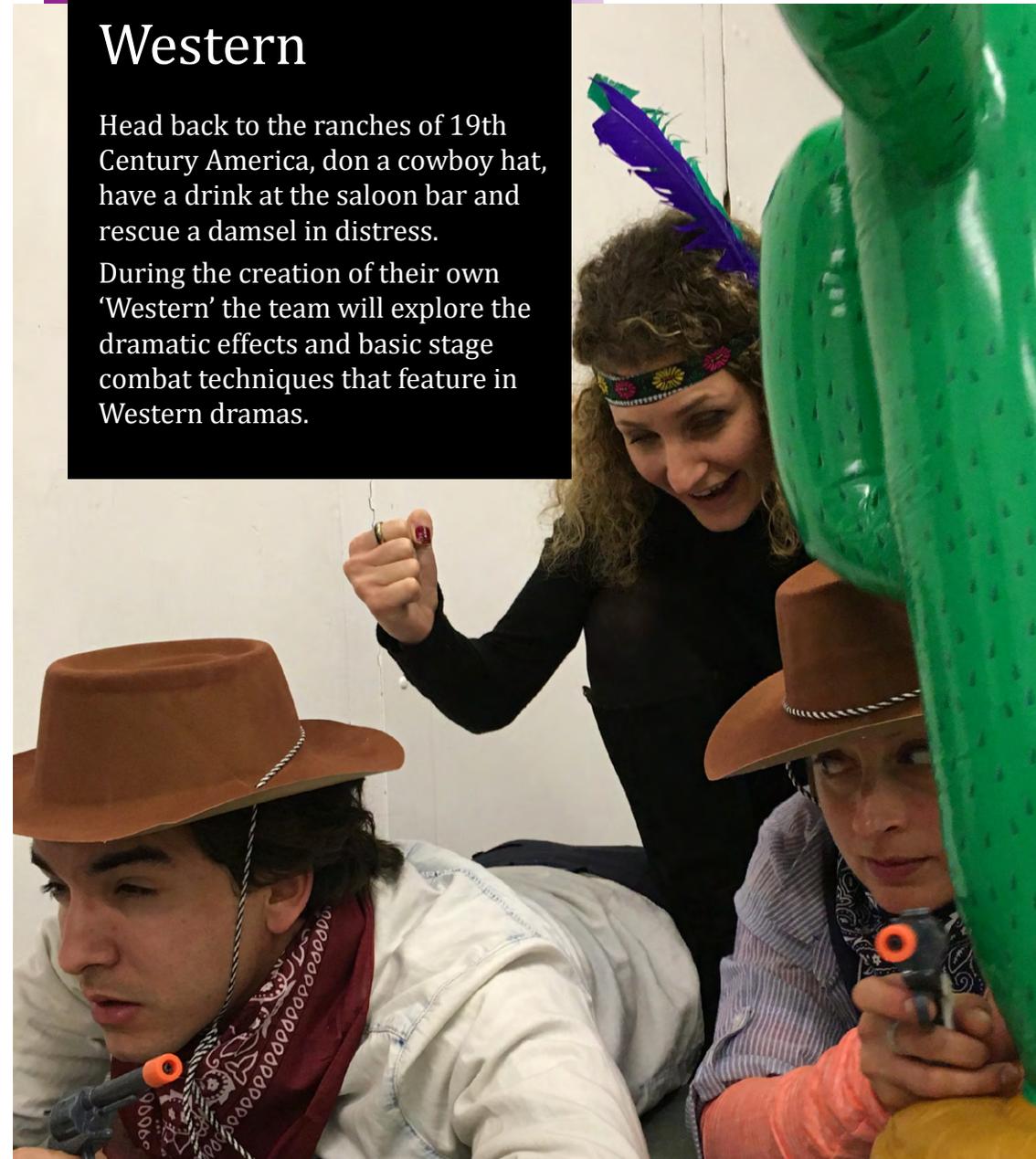
We will explore the importance of body language, facial expression, the dramatic use of music and the art of comic timing, culminating in the creation of an original 'Silent Movie.'



Western

Head back to the ranches of 19th Century America, don a cowboy hat, have a drink at the saloon bar and rescue a damsel in distress.

During the creation of their own 'Western' the team will explore the dramatic effects and basic stage combat techniques that feature in Western dramas.





90's Comedy Show

Don a flowery shirt, a ridiculous wig and some high-waisted corduroys and be in a comedy game show, much like the classic *Whose Line Is It Anyway?* Improvisational comedy was one of the most popular types of show to reach TV in the 90's and since then it has been a hit in theatres all over the world.

This workshop will focus on the art of gags, comic timing and learning the skills required for improvisational comedy. With a host, comedy performers and an eager audience, we will create our very own game show.

020 36545133

info@theactingspace.co.uk



Panto

Get the chance to play Buttons, The Genie or even an Ugly sister. This workshop is ideal for around the holidays and is sure to get you in the Christmas Spirit.

Learning how to engage with an audience with big gestures, funny voices and slapstick physical movement, the group will prepare an original Pantomime to perform for the rest of the team. The perfect team building activity - 'Oh, yes it is!'

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How to book

Please get in touch for any additional information and to book your 'Play in a Day.'

020 36545133
info@theactingspace.co.uk

Price

We offer half and full day workshops and like to tailor the day according to your team's needs so please contact us for a personalised quote.



Testimonials

'A great day out. Fun was had by all and we spent the whole day laughing. What a great way of getting people out of the office and working as a team. Would highly recommend.'

Nisha

'Katherine and Olivia are amazing teachers. They know how to adapt to you as a beginner and how to make you feel comfortable performing in front of others. There's no pressure at all, a really chilled environment.'

Gonzalo

'Olivia and Katherine really help bring you out of your shell and I instantly felt comfortable with them. It's like I have known them my whole life. They are patient, kind, funny and always helpful. I highly recommend them.'

Ryan

Olivia and Katherine are easy going, fun, intelligent and informative. I love how their skilful direction during the classes gently pulls me out of my comfort zone, and I'm repeatedly surprised by how much I enjoy this! I completely forget the stresses of the day, and enjoy regularly spending time exploring acting as a group under their tuition.

Paget



Also available from The Acting Space:

Weekly Acting Workshops

Weekend Intensive Courses

Murder Mystery Parties

Presentation training

One to one communication coaching

Visit www.theactingspace.co.uk for
more information.



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